

Spiritual Directors Epiphany 2025

Spiritual direction is an opportunity to explore and deepen our relationship with God, to be known and grounded in our belovedness in God. Conversations are confidential and often include guidance in the spiritual disciplines that keep us growing in God's grace.

Life-long spiritual formation is expected of all clergy and of all discerning a call to ordained ministry. Below is a list of directors known and/or recommended by clergy in the Diocese. Those listed come from a variety of traditions. Included is a brief description of their approach to direction. Most directors ask a fee of \$50 - \$75 per session and meet with a directee once a month or every other month. It is helpful to have initial conversations with a couple of directors to find the one most suitable for you.

If you are interested in learning more about spiritual direction in general before you contact a possible director, please contact the Rev. Mary Taflinger, Missioner for Pastoral Care at taflinger@indydio.org. If you want a larger list to choose from, check out Spiritual Directors International at <https://www.sdicompanions.org/find-a-spiritual-director-companion/>

Directors in Indianapolis:

Dan C. Hoffman, D.Min.

Near downtown Indianapolis

Contact info: danhoffma@gmail.com

Personal definition of spiritual direction/companioning:

Affirming that the Sacred is present in every circumstance of life, I define spiritual direction as conversation aimed at taking the next step toward growth in the Divine for the sake of the world. My spiritual direction training was at the Benedict Inn, Beech Grove (2011) and North Park Seminary, Chicago. I have degrees from the Union Theological Seminary (NYC), Iliff School of Theology, and Christian Theological Seminary. My professional career was in ministry with the Christian Church (Disciples of Christ) and the United Church of Christ. In retirement, I became a member of the Episcopal Church and currently worship at Christ Church Cathedral. My spiritual companioning practice welcomes persons of different faith traditions as well as individuals of no formal faith identity. In addition to individual spiritual direction, I offer 7-step InterSpiritual Meditation mentoring; workshops and retreats; individual spiritual direction supervision; and group spiritual direction facilitation. My practice is fully described on my professional website: souladventure.weebly.com

Rev. Dr. Michael E. Landon, D.Min. DASD (he/him/his)
25 E 40th Street, 3J
Indianapolis, IN 46205
revmlandon@gmail.com

Retired PCUSA pastor; offering spiritual direction for over 20 years; has worshipped at Christ Church Cathedral for last 4 years; supervises interns in spiritual direction at Benedict Inn; special interest/expertise in grief and worship

Philosophy/ approach to spiritual direction: Spiritual direction is the art of contemplative listening, carried out in the context of a one-to-one relationship, for the purpose of being attentive and responsive to the movement of God's presence in one's life. Questions such as: "How is God present in my life?" "How may I experience God more deeply?" "What practices may nurture my spiritual journey?" are explored. The focus is on the movement of God in one's life experiences. While it is a one-to-one relationship, it is also a three way conversation with the Holy Spirit as our guide.

The Rev. Frank Impicciche

Episcopal priest in the Diocese of Indianapolis
Indianapolis and surrounding areas
Contact info: frank_impicciche@att.net

Approach to spiritual direction: The model I draw most from is the ancient Celtic understanding of "anamchara," which literally translates as "soul friend." In the spiritual direction or soul friend relationship, the primary focus is on God. I listen along with the other person to help lift up and discern the ways God is possibly moving in their experience. In this sacred, confidential, and safe space, we focus together on the everyday experiences of the directee and the presence of God in those experiences. I am also familiar with group spiritual direction. This is a way of listening and reflecting with a small group or a community of people on their encounters with God in everyday life.

The Rev. Mary Bargiel

Contact info: mbargiel@me.com

I am a certified Spiritual Director through the internship program at the Benedict Inn. I am an open and affirming person and welcome people who identify or ally with the LGBTQI+ community. I also welcome people from any religious background who have a desire to grow in their spiritual journey. Normally, I see directees once a month and this can be in person or virtually. If you are interested in Spiritual Direction, I ask that you contact me and schedule a time for us to meet to see if this will be a good fit. I am an Episcopal Priest who is currently living out my ministry as a chaplain at Riley Hospital for Children. I also have served in a parish setting. My hobbies are hiking, kayaking, biking, reading, camping. I have two young adult children and several pets.

Kim Johnson

Spiritual Director

Mass Ave. area of downtown Indianapolis

Contact info: kojohnson85@gmail.comPersonal definition of/approach to spiritual direction/companioning.

Spiritual direction is a three-way relationship between the Holy Spirit, the directee, and the director. Coming together in an inviting, safe, and sacred space, it is a dedicated time to step away from our busy world and focus on our understanding of God. The spiritual director is a companion, a fellow traveler, someone to accompany and offer support along with journey. Led and encouraged by the Holy Spirit, through prayer, attentive listening, clarifying questions, and spiritual exercises, each directee is aided in understanding their special relationship with our Creator, strengthening their faith and exploring the many ways God is present in their everyday life. The practice of spiritual direction is a wonderful spiritual practice that can assist us to become the individual God created us to be.

The Rev. Kate WilsonContact info: katewilson725@yahoo.com

Personal definition of spiritual direction/companionship: Ann Lamott wrote that the opposite of faith is not doubt, but certainty. In spiritual direction/companionship, we explore the gray areas of our spirituality, our lives, our relationships with God and one another. I began as a spiritual “directee” without faith in God, and the spectrum of belief is broad and compelling. Begin where you are. My role is to carry a lantern as you explore where the Holy is in your being; where it is active, when it seems reluctant or absent, how it may guide you. I value the spirituality of 12-Step programs, which have changed my life, and heartily welcome those who feel unwelcomed by or disdainful of faith communities. In addition, I have been enriched by my practice as an Episcopal priest. I have worked in companionship with others for several decades and am a graduate of the rich and varied training of the Haden Institute <https://www.hadeninstitute.com>. I am happy to meet in person where feasible and by Zoom, either of which is confidential. Sliding scale.

The Rev. Tracey Leslie (she, her)

United Methodist Pastor, trained through the Benedictine Center

Indianapolis, IN

Contact info: tracey.leslie@inumc.orgSpiritual Direction Philosophy and Focus:

Spiritual direction is holy listening. I listen to the directee. I invite them to listen more deeply to what is going on within them and around them. Most of all, spiritual direction involves listening for the voice of God.

I consider spiritual direction a carving out of sacred space to journey with someone as they deepen their intimacy with, and attentiveness to, God’s presence in their life. The Holy Spirit is the ultimate director. I seek merely to cultivate a space that is safe, peaceful

and hospitable since, as Parker Palmer writes, “the soul speaks its truth only under quiet, inviting, and trustworthy conditions.”¹ In my direction style, I periodically ask questions or reflect back on what I am hearing and noticing from the directee. If a directee is seeking guidance in spiritual practices, I am able to recommend different forms of prayer and different ways of engaging with scripture.

In my direction experiences, I have discovered a particular sense of joy in helping others discern their call or vocation. I believe that God gifts us all with particular skills and passions and that we find the deepest joy as we grow into the people God has called and gifted us to be.

Directors outside Indianapolis:

Marc Greenberg

Contact info: marcg55@gmail.com

Jesuit Spiritual Center, Milford, OH

My approach is to meet each person where he or she is and to nourish the personal movement of God in each person. I respect each person’s individual spiritual journey and beliefs. I received my training as a Spiritual Director at the Jesuit Spiritual Center in Milford, OH. Direction usually takes place monthly in a private and confidential one-hour session. The focus is on you and your unique relationship with God – as you understand God. My role is to listen and assist you, whether God seems close, distant or absent.

Directors only meeting virtually:

The Rev. Cathy Scott, MTS, ACSW, LCSW

Episcopal Deacon; Retired Clinical Social Worker; Counselor; Retreat Leader
Certificate in Spiritual Direction from St. Meinrad School of Theology.

Contact info: catascot@sbcglobal.net

Personal definition of spiritual direction/companioning:

Spiritual direction is a sacred relationship between the director and the directee, guided by the Holy Spirit and enveloped in prayer. My assumption is that God walks with us on our journey and spiritual direction helps us open our eyes and hearts to the Sacred in our lives, our relationships, our challenges, joys and hopes. I am grounded in Benedictine and Celtic spirituality and my monastic leanings (birthed in the writings of Thomas Merton) are balanced by my lifelong activism in social justice causes. I am drawn to eco-spirituality and coordinate Holy Hikes and Forest Church worship experiences.